AUBURN
Human Resources

Sports Dietitian I

Job Description

JOB INFORMATION

Job Code	BB29A
Job Description Title	Sports Dietitian I
Pay Grade	AT05
Range Minimum	$43,910
33rd %	$52,690
Range Midpoint	$57,080
67th %	$61,480
Range Maximum	$70,260
Exemption Status	Exempt
Approved Date:	5/20/2024 4:05:33 PM

JOB FAMILY AND FUNCTION

Job Family:	Athletics
Job Function:	Athletics Sports Health & Welfare

JOB SUMMARY

Under direct supervision, the Sports Dietitian assists with providing individual and group/team nutrition counseling and education to enhance the performance and well-being of Auburn student-athletes.

RESPONSIBILITIES

- Assists with assessing dietary practices, body composition, and energy balance (intake and expenditure) of athletes in the context of athletic performance and well-being.
- Assists with providing counsel to athletes on optimal nutrition for exercise training, competition, recovery from exercise, weight management, hydration, immunity, travel, and supplementation.
- Assists with performing and analyzing body composition assessments of student-athletes.
- Assists with providing personalized meal and snack plans to promote achieving short- and long-term goals for athletic performance and good health.
- Assists with providing medical nutrition therapy, as needed, to help manage or treat medical conditions in collaboration with team physicians and medical personnel.
- Coordinates nutritional care as a member the of the multidisciplinary sports medicine team.
- Evaluates nutritional supplements, including herbal supplements, for legality, safety, quality, and efficacy, monitors the use of appropriate supplementation.
- Assists in the development and adherence of nutrition policies and procedures.
- Assists with developing and delivering nutrition education presentations, demonstrations, or events on various topics related to nutrition for performance.
- Recommends appropriate pre-, during, and post-exercise fluids and snacks for individual training, team practice, and competition.
- Serves as a nutrition resource for coaches, athletic trainers, support staff, food service personnel and parents.
- Complies with all applicable National Collegiate Athletic Association (NCAA) and Southeastern Conference (SEC) regulations in the performance of job duties.

The responsibilities listed above show the typical duties for jobs in this classification. Actual tasks may differ depending on the department's needs. Other similar duties may be assigned with discretion of the supervisor. Not every duty will apply to every position, and the amount of time spent on each task can change based on department needs.

SUPERVISORY RESPONSIBILITIES

Supervisory Responsibility	May be responsible for training, assisting or assigning tasks to others. May provide input to performance reviews of other employees.

MINIMUM QUALIFICATIONS

To be eligible, an individual must meet all minimum requirements which are representative of the knowledge, skills, and abilities typically expected to be successful in the role. For education and experience, minimum requirements are listed on the top row below. If substitutions are available, they will be listed on subsequent rows and may only to be utilized when the candidate does not meet the minimum requirements.

MINIMUM EDUCATION & EXPERIENCE

Education Level	Focus of Education		Years of Experience	Focus of Experience	
Master's Degree	Nutrition or related field. Only those seeking to become eligible for the registration examination for dietitians for the first time, on or after January 1, 2024, are required to have completed the minimum of a graduate degree granted by a USDE accredited institution or foreign equivalent. RDs who have passed the exam prior to the deadline will be eligible to practice with a Bachelor's degree.	and	0 years of	Experience in assisting, advising, or administering a college sports nutrition program	Or
Bachelor's Degree	Nutrition or related field. Only those seeking to become eligible for the registration examination for dietitians for the first time, on or after January 1, 2024, are required to have completed the minimum of a graduate degree granted by a USDE accredited institution or foreign equivalent. RDs who have passed the exam prior to the deadline will be eligible to practice with a Bachelor's degree.	and	0 years of	Experience in assisting, advising, or administering a college sports nutrition program	

MINIMUM LICENSES & CERTIFICATIONS

Licenses/Certifications	Licenses/Certification Details	Time Frame	Required/ Desired	
Registered Dietitian		Upon Hire	Required	

PHYSICAL DEMANDS & WORKING CONDITIONS

Physical Demands Category:	Other

PHYSICAL DEMANDS

Physical Demand	Never	Rarely	Occasionally	Frequently	Constantly	Weight
Standing			X			
Walking			X			

PHYSICAL DEMANDS

Physical Demand	Never	Rarely	Occasionally	Frequently	Constantly	Weight
Sitting				X		
Lifting				X		
Climbing			X			
Stooping/ Kneeling/ Crouching			X			
Reaching				X		
Talking				X		
Hearing				X		
Repetitive Motions				X		
Eye/Hand/Foot Coordination				X		

WORKING ENVIRONMENT

Working Condition	Never	Rarely	Occasionally	Frequently	Constantly
Extreme cold			X		
Extreme heat			X		
Humidity			X		
Wet			X		
Noise			X		
Hazards			X		
Temperature Change			X		
Atmospheric Conditions			X		
Vibration			X		

Vision Requirements:

Ability to see information in print and/or electronically.