



JOB INFORMATION

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| Job Code | BB29B |
| Job Description Title | Sports Dietitian Assistant II |
| Pay Grade | AT06 |
| Range Minimum | \$45,400 |
| 33rd % | \$54,467 |
| Range Midpoint | \$59,000 |
| 67th % | \$63,533 |
| Range Maximum | \$72,600 |
| Exemption Status | Exempt |
| Approved Date: | 1/1/1900 12:00:00 AM |

JOB FAMILY AND FUNCTION

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|---------------|-----------------------------------|
| Job Family: | Athletics |
| Job Function: | Athletics Sports Health & Welfare |

JOB SUMMARY

Under minimal supervision, the Sports Dietitian Assistant provides individual and group/team nutrition counseling and education to enhance the performance and well-being of Auburn student-athletes.

RESPONSIBILITIES

- Assesses and analyzes dietary practices, body composition, and energy balance (intake and expenditure) of athletes in the context of athletic performance and well-being.
- Counsels athletes on optimal nutrition for exercise training, competition, recovery from exercise, weight management, hydration, immunity, travel, and supplementation.
- Performs and analyzes body composition assessments of student-athletes.
- Provides personalized meal and snack plans to promote achieving short- and long-term goals for athletic performance and good health.
- Provides medical nutrition therapy, as needed, to help manage or treat medical conditions in collaboration with team physicians and medical personnel.
- Coordinates nutritional care as a member of of the multidisciplinary sports medicine team.
- Evaluates nutritional supplements, including herbal supplements, for legality, safety, quality, and efficacy, monitors the use of appropriate supplementation.
- Assists in the development and adherence of nutrition policies and procedures.
- Develops and delivers nutrition education presentations, demonstrations, or events on various topics related to nutrition for performance.
- Recommends appropriate pre-, during, and post-exercise fluids and snacks for individual training, team practice, and competition.
- Serves as a nutrition resource for coaches, athletic trainers, support staff, food service personnel and parents.
- Performs other duties as assigned.
- Complies with all applicable National Collegiate Athletic Association (NCAA) and Southeastern Conference (SEC) regulations in the performance of job duties.

SUPERVISORY RESPONSIBILITIES

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|----------------------------|---|
| Supervisory Responsibility | May be responsible for training, assisting or assigning tasks to others. May provide input to performance reviews of other employees. |
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MINIMUM QUALIFICATIONS

To be eligible, an individual must meet all minimum requirements which are representative of the knowledge, skills, and abilities typically expected to be successful in the role. For education and experience, minimum requirements are listed on the top row below. If substitutions are available, they will be listed on subsequent rows and may only be utilized when the candidate does not meet the minimum requirements.

MINIMUM EDUCATION & EXPERIENCE

| Education Level | Focus of Education | | Years of Experience | Focus of Experience | |
|-------------------|--|-----|---------------------|--|--|
| Master's Degree | Nutrition or related field. Only those seeking to become eligible for the registration examination for dietitians for the first time, on or after January 1, 2024, are required to have completed the minimum of a graduate degree granted by a USDE accredited institution or foreign equivalent. | and | 2 years of | Experience in assisting, advising, or administering a college sports nutrition program | |
| Bachelor's Degree | Nutrition or related field. Only those seeking to become eligible for the registration examination for dietitians for the first time, on or after January 1, 2024, are required to have completed the minimum of a graduate degree granted by a USDE accredited institution or foreign equivalent. RDs who have passed the exam prior to the deadline will be eligible to practice with a Bachelor's degree. | | 2 years of | Experience in assisting, advising, or administering a college sports nutrition program | |

MINIMUM KNOWLEDGE, SKILLS, & ABILITIES

Knows and applies fundamental concepts, practices, and procedures of particular field of specialization, with awareness of related fields.

MINIMUM LICENSES & CERTIFICATIONS

| Licenses/Certifications | Licenses/Certification Details | Time Frame | Required/Desired | |
|-------------------------|--------------------------------|------------|------------------|--|
| Registered Dietitian | | Upon Hire | Required | |

PHYSICAL DEMANDS & WORKING CONDITIONS

Physical Demands Category: Other

PHYSICAL DEMANDS

| Physical Demand | Never | Rarely | Occasionally | Frequently | Constantly | Weight |
|-----------------|-------|--------|--------------|------------|------------|--------|
| Standing | | | X | | | |
| Walking | | | X | | | |
| Sitting | | | | X | | |

PHYSICAL DEMANDS

| Physical Demand | Never | Rarely | Occasionally | Frequently | Constantly | Weight |
|-------------------------------|-------|--------|--------------|------------|------------|--------|
| Lifting | | | | X | | |
| Climbing | | | X | | | |
| Stooping/ Kneeling/ Crouching | | | X | | | |
| Reaching | | | | X | | |
| Talking | | | | X | | |
| Hearing | | | | X | | |
| Repetitive Motions | | | | X | | |
| Eye/Hand/Foot Coordination | | | | X | | |

WORKING ENVIRONMENT

| Working Condition | Never | Rarely | Occasionally | Frequently | Constantly |
|------------------------|-------|--------|--------------|------------|------------|
| Extreme cold | | | X | | |
| Extreme heat | | | X | | |
| Humidity | | | X | | |
| Wet | | | X | | |
| Noise | | | X | | |
| Hazards | | | X | | |
| Temperature Change | | | X | | |
| Atmospheric Conditions | | | X | | |
| Vibration | | | X | | |

Vision Requirements:

Ability to see information in print and/or electronically.