

JOB INFORMATION	
Job Code	BB29B
Job Description Title	Sports Dietitian II
Pay Grade	AT06
Range Minimum	\$47,600
33rd %	\$57,120
Range Midpoint	\$61,880
67th %	\$66,640
Range Maximum	\$76,160
Exemption Status	Exempt
Approved Date:	5/20/2024 4:05:56 PM

#### JOB FAMILY AND FUNCTION

Job Family: Athletics

Job Function: Athletics Sports Health & Welfare

#### **JOB SUMMARY**

Under minimal supervision, the Sports Dietitian provides individual and group/team nutrition counseling and education to enhance the performance and well-being of Auburn student-athletes.

#### **RESPONSIBILITIES**

- Assesses and analyzes dietary practices, body composition, and energy balance (intake and expenditure) of athletes in the context of athletic performance and well-being.
- Counsels athletes on optimal nutrition for exercise training, competition, recovery from exercise, weight management, hydration, immunity, travel, and supplementation.
- Performs and analyzes body composition assessments of student-athletes.
- Provides personalized meal and snack plans to promote achieving short- and long-term goals for athletic performance and good health.
- Provides medical nutrition therapy, as needed, to help manage or treat medical conditions in collaboration with team physicians and medical personnel.
- Coordinates nutritional care as a member of of the multidisciplinary sports medicine team.
- Evaluates nutritional supplements, including herbal supplements, for legality, safety, quality, and efficacy, monitors the use of appropriate supplementation.
- Assists in the development and adherence of nutrition policies and procedures.
- Develops and delivers nutrition education presentations, demonstrations, or events on various topics related to nutrition for performance.
- Recommends appropriate pre-, during, and post-exercise fluids and snacks for individual training, team practice, and competition.
- Serves as a nutrition resource for coaches, athletic trainers, support staff, food service personnel and parents.
- Performs other duties as assigned.
- Complies with all applicable National Collegiate Athletic Association (NCAA) and Southeastern Conference (SEC) regulations in the performance of job duties.

#### SUPERVISORY RESPONSIBILITIES

Supervisory Responsibility

May be responsible for training, assisting or assigning tasks to others. May provide input to performance reviews of other employees.

To be eligible, an individual must meet all minimum requirements which are representative of the knowledge, skills, and abilities typically expected to be successful in the role. For education and experience, minimum requirements are listed on the top row below. If substitutions are available, they will be listed on subsequent rows and may only to be utilized when the candidate does not meet the minimum requirements.

MINIMUM EDUCATION & EXPERIENCE						
Education Level	Focus of Education		Years of Experience	Focus of Experience		
Master's Degree	Nutrition or related field. Only those seeking to become eligible for the registration examination for dietitians for the first time, on or after January 1, 2024, are required to have completed the minimum of a graduate degree granted by a USDE accredited institution or foreign equivalent.	and	2 years of	Experience in assisting, advising, or administering a college sports nutrition program	Or	
Bachelor's Degree	Nutrition or related field. Only those seeking to become eligible for the registration examination for dietitians for the first time, on or after January 1, 2024, are required to have completed the minimum of a graduate degree granted by a USDE accredited institution or foreign equivalent. RDs who have passed the exam prior to the deadline will be eligible to practice with a Bachelor's degree.	and	2 years of	Experience in assisting, advising, or administering a college sports nutrition program		

### MINIMUM KNOWLEDGE, SKILLS, & ABILITIES

Other

Knows and applies fundamental concepts, practices, and procedures of particular field of specialization, with awareness of related fields.

MINIMUM LICENSES & CERTIFICATIONS						
Licenses/Certifications	Licenses/Certification Details	Time Frame	Required/ Desired			
Registered Dietitian		Upon Hire	Required			

# PHYSICAL DEMANDS & WORKING CONDITIONS Physical Demands Category:

PHYSICAL DEMANDS								
Physical Demand	Never	Rarely	Occasionally	Frequently	Constantly	Weight		
Standing			Х					
Walking			X					
Sitting				X				

PHYSICAL DEMANDS							
Physical Demand	Never	Rarely	Occasionally	Frequently	Constantly	Weight	
Lifting				Χ			
Climbing			X				
Stooping/ Kneeling/ Crouching			X				
Reaching				X			
Talking				X			
Hearing				X			
Repetitive Motions				X			
Eye/Hand/Foot Coordination				Χ			

WORKING ENVIRONMENT							
Working Condition	Never	Rarely	Occasionally	Frequently	Constantly		
Extreme cold			X				
Extreme heat			X				
Humidity			X				
Wet			X				
Noise			X				
Hazards			X				
Temperature Change			X				
Atmospheric Conditions			X				
Vibration			X				

## **Vision Requirements:**

Ability to see information in print and/or electronically.