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## Auburn University Job Description

Job Title: **Mental Health Counselor, Ath**

Job Family: No Family

Job Code: **BB34**

Grade 34: \$45,100 - \$75,100

FLSA status: Exempt

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### Job Summary

Responsible for assessing, formulating treatment plans, and treating common psychological issues such as anxiety, depression, eating disorders, substance abuse, grief, trauma, personality disorders, transitions, and sports performance issues. Provides various psychoeducational presentations to student-athletes and Athletic Department staff.

### Essential Functions

1. Under the direction of the Director of Counseling and Sport Psychology, responsible for assessing, formulating treatment plans, and treating common psychological issues such as anxiety, depression, eating disorders, substance abuse, grief, trauma, personality disorders, transitions, and sports performance issues.
2. Provides mental performance consultation and program development for various coaches and teams to enhance overall team performance.
3. Conducts psychoeducational programs for student-athletes, coaching staff, and administration and program development on mental health and sport performance issues. Examples include orientation sessions for new student-athletes and parents, suicide prevention training, injury support groups, and emergency support services to the athletics community.
4. Promotes a better understanding of mental health concerns within the college student-athlete population by making presentations to students, faculty, and staff as well as community groups and organizations, as needed.
5. Assesses and intervenes in crisis situations.
6. Makes referrals to and collaborates with athletic department staff, on-campus resources, off-campus therapists, clinics, or hospitals, when appropriate.
7. Documents, reports, and maintains confidential records in compliance with all applicable laws and regulations.
8. Represents the Auburn University athletic department by actively engaging in different committees and student organizations on and off-campus.
9. Complies with all applicable National Collegiate Athletic Association (NCAA) and Southeastern Conference (SEC) regulations in the performance of job duties.

### Supervisory Responsibility

May supervise employees but supervision is not the main focus of the job.

*The above essential functions are representative of major duties of positions in this job classification. Specific duties and responsibilities may vary based upon departmental needs. Other duties may be assigned similar to the above consistent with the knowledge, skills and abilities required for the job. Not all of the duties may be assigned to a position.*

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### Minimum Required Education and Experience

	<u>Minimum</u>	<u>Focus of Education/Experience</u>
<b>Education</b>	Master's Degree	Degree in Psychology, Counseling, or related field
<b>Experience (yrs.)</b>	3	Experience providing individual mental health services to college-aged population or related population.

#### Substitutions allowed for Education:

Indicated education is required; no substitutions allowed.

#### Substitutions allowed for Experience:

Indicated experience is required; no substitutions allowed.

### Minimum Required Knowledge

- Strong generalist with a background in sport or performance psychology.
- Well-developed therapy skills, strong interest in and commitment to working with diverse clients, including, but not limited to, individuals from ethnically and racially diverse backgrounds, sexual orientations, gender identities, religious and spiritual beliefs, national origin, socio-economic status, size and appearance.
- Ability to work autonomously and conceptualize, develop, and implement treatment plans.
- Knowledge and experience using the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) along with evidence-based treatment modalities.
- Excellent personal qualities and skills (e.g. oral and written communication, organizational, and interpersonal) that enable effective interaction with the athletic staff, sport medicine staff, colleagues, administrators, faculty and student-athletes.
- Research and training skills, as well as the ability to think critically, to collaborate, to pose appropriate questions, to select data collection methods, and to analyze data appropriately by set deadlines.

### Certification or Licensure Requirements

- Licensed clinical provider (Psychologist, LMHC, LPC,) in the State of Alabama to be obtained within 1 year of hire.
- Eligible to be a Certified Mental Performance Consultant (CMPC) through the Association for Applied Sport Psychology (AASP).

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### Physical Requirements/ADA

Occasional and/or light lifting required. Limited exposure to elements such as heat, cold, noise, dust, dirt, chemicals, etc., but none to the point of being disagreeable. May involve minor safety hazards where likely result would be cuts, bruises, etc.

Routine deadlines; usually sufficient lead time; variance in work volume seasonal and predictable; priorities can be anticipated; some interruptions are present; involves occasional exposure to demands and pressures from persons other than immediate supervisor.

Job frequently requires sitting, talking, hearing, .

Job occasionally requires standing, walking, reaching, handling objects with hands, .

Vision requirements: Ability to see information in print and/or electronically, ability to distinguish colors.

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