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## Fall 2024 Course Descriptions

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### **Ambling through Wöhler's Thicket: Finding Sweet Reward**

**Peter Livant, Instructor**

**Thursdays | 9:00 - 10:30 a.m. | Sunny Slope Annex**

Friedrich Wöhler once described organic chemistry as a monstrous and boundless thicket, and in this course, we will focus on understanding key concepts rather than covering the entirety of organic chemistry. Our goal is to understand the chemical structure of table sugar, and sucrose, and along the way, we will explore the Fischer Proof of the Structure of Glucose. We will also consider questions like, "What is an atom?", "How does a chemist determine the structure of a molecule?", and "Why are mirror images important in organic chemistry?" The pace will be set by the learners, and we will stop and focus on challenging concepts until they are understood. We might not reach sucrose by the end of the course, and the instructor will provide molecular model kits to aid in our exploration.

**Peter Livant** earned a B.S. degree in Chemistry from City College of New York and a Ph.D. in Chemistry from Brown University. He was a postdoctoral fellow at the University of Illinois, Urbana-Champaign, and the University of Guelph (Ontario, Canada). He then spent nearly 40 years in the Chemistry Department of Auburn University, where he taught undergraduates the rules of chemistry while he and his research group were enthralled by chemical systems that broke the rules.

### **Art of Crafting and Telling Jokes**

**Jack Day, Instructor**

**Tuesdays | 11:00 am - 12:30 pm | Sunny Slope Main Classroom**

Whether you're a seasoned storyteller or just starting, this course will help you refine your skills in crafting and delivering jokes. If you want to tell a story and get people to open their mouths to laugh, hearts to feel, minds to think, and eyes to tears – this class is for you.

**Jack Day** taught the Art of Storytelling for OLLI at Auburn from 2008 to 2012 and later at the University of Alabama from 2014 to 2017. Beyond the classroom, he is a practicing storyteller and author of several books on the subject.

### **Ancient Life in Alabama**

**Bill Deutsch, Instructor**

**Mondays | 11:00 am - 12:30 pm | Sunny Slope Annex**

The course will showcase Alabama's distinctive fossil diversity within the framework of the evolving science of paleontology. The focus will be on the methods used to discover and interpret fossils, unveiling the ancient narrative of life on Earth. Additionally, participants will explore their individual responses to this story. There will be 1-2 optional field trips to fossil museums.



**Bill Deutsch**, PhD is a Research Fellow Emeritus in the Auburn University School of Fisheries, Aquaculture and Aquatic Sciences. He has a lifelong interest in fossils and has written the book, *Ancient Life in Alabama: The Fossils, the Finders & Why It Matters* (optional course textbook).

### **Amazonia: The Imperiled Rain Forest**

**Sonny Dawsey, Instructor**

**Mondays | 9:00 am - 10:30 am | Pebble Hill**

Encompassing an area almost as large as the contiguous U. S., the Amazon rainforest is the home of at least 10% of all known plant and animal species on the planet. Loggers, miners, and farmers threaten the survival of native flora, fauna, and indigenous populations. This course will explore the geographical features, human history, resources, political landscape, and current conditions affecting this crucial region of South America.

**Sonny Dawsey**, Ph.D., is a retired AU Professor in the Department of Geography, where he taught multiple courses in cartography and quantitative methods. He has taught over a dozen different courses for OLLI during the past decade.

### **The Bull Gap Collection**

**Robert Holmes, Instructor**

**Tuesdays | 9:00 - 10:30 a.m. | Sunny Slope Conference Room**

Derived from the heartfelt essays in the Bull Gap Journal, this course encourages participants to reflect on lessons in life, leadership, and common sense. The Bull Gap, a beautifully rugged area in the Talladega National Forest, inspires lifelong reflection on the wisdom found in everyday experiences. This series offers a straightforward perspective to make complex ideas accessible and relatable. Whether you're seeking to improve your leadership skills, find practical approaches to life's challenges, or simply enjoy thoughtful commentary, "The Bull Gap Collection" offers a wealth of knowledge grounded in the natural beauty and enduring spirit of the Bull Gap.

**Brigadier General USAF (Retired) Robert "Bob" Holmes** led the 720th Special Tactics Group during Afghanistan combat operations post-9/11. Rising to flag rank in 2005, he held key roles such as USAF Director of Security Forces and Force Protection. A decorated combat veteran, Holmes offers leadership development and strategic planning services in Alabama.

### **Chinese Brush Painting**

**Dong Shang, Instructor**

**Tuesdays | 11:00 am - 12:30 pm | Sunny Slope Annex**

This course is a hands-on introduction to Chinese brush painting and calligraphy. It focuses on capturing the essence of nature through suggestion and simplicity. The traditional subjects of flowers, animals, and landscapes express the sense of harmony inherent in Chinese culture. Students will learn fundamental brush strokes, composition, and spontaneous-style painting techniques.

**Class Fee:** \$110, payable at registration.

**Materials:** Course materials will be provided by the instructor at the first class meeting upon proof of purchase during registration.

**Dong Shang**, a native of China with a degree in Art, is an art designer. She immigrated to the United States and has since built a successful career as a freelance artist and art teacher.

## **Culinary Series: Taste of OLLI**

### **Locations will vary**

Join us for the Culinary Series: Taste of OLLI, where each class will feature a different "master chef" who will teach participants about a specific cuisine. This series offers a unique opportunity to explore diverse culinary traditions. Each session provides hands-on instruction, cooking tips, and a tasting experience, allowing you to immerse yourself in the flavors and techniques of each cuisine. Whether you are a seasoned cook or a beginner, this series promises to enhance your culinary skills and expand your palate. Don't miss this delicious journey through global cuisines!

**Register for individual courses. The course fee, paid at registration, covers materials and meal:**

#### **Korean | Teresa Byun | \$25**

This class will feature authentic Korean recipes, resources for videos on Korean cooking, a live demonstration, hands-on cooking, and a communal lunch with the dishes prepared. Limited to 6 participants, the session will run from 10:00 a.m. to 1:00 p.m., with instruction from 10:00 a.m. to noon, followed by lunch.

#### **September 20 | Italian | Anne Delvillano | \$15**

Enjoy a five-course Italian dinner that includes preparing recipes directly from Italy. The menu features several appetizers, homemade rigatoni pasta with a meat sauce, salad, and dessert. Participants will prepare and then dine together, with the option to bring their own beverage. Non-alcoholic beverages will be provided by the host. Arrival is at 3:00 p.m., and dinner will be served at 6:00 p.m.

#### **September 27 | Jamaican | Tanisha Stephens | 11:30-1:30 | Sunny Slope | \$15**

Dive into the vibrant flavors of Jamaican cuisine with hands-on instruction, cooking demonstrations, and a tasting session. Participants will learn to prepare traditional Jamaican dishes and enjoy the fruits of their labor together.

Embark on a culinary adventure with the Taste of OLLI series and experience the richness of global cuisines through expert-led classes and delightful shared meals.

## **Exploring Acrylic Painting**

### **Margee Bright-Raglan, Instructor**

#### **Tuesdays | 4:00 pm - 6:00 pm | Sunny Slope Annex**

This course offers a hands-on exploration of acrylic painting techniques. Participants will learn about color theory, brushwork, composition, and various methods to create dynamic acrylic paintings. Whether you are a beginner or an experienced artist, this class provides a supportive environment to develop your skills and express your creativity.

**Margee Bright-Ragland** is an artist and educator with a B.F.A. from Auburn University (1970) and an MA in Visual Arts from Georgia State University (1974). As a professor at Georgia Perimeter College, she taught art appreciation, drawing, and watercolor. Her art has been exhibited in the United States, Europe, and Latin America, including her piece *Birds in Landscape* in Georgia's State Art Collection.

## **Exploring Germany: A Journey Through Culture, Tradition, and Language**

### **Julia Knappenberger, Instructor**

#### **Thursdays | 9:00 - 10:30 a.m. | Sunny Slope Main Classroom**

#### **Required Materials Fee: \$10.00 to be paid at time of registration**

"Exploring Germany" is an enriching journey designed to immerse participants in the vibrant tapestry of German heritage. Through engaging lectures and multimedia presentations, this course delves into various aspects of German culture, including art, music, literature, cuisine, history, holidays, and more. Participants will explore Germany's rich cultural landscape, from medieval castles and picturesque landscapes to bustling

cities, while gaining insights into the traditions, customs, and values that shape German society. Additionally, participants will be able to learn basic German language skills to communicate effectively in everyday situations and deepen their understanding of German culture. Whether you're a seasoned traveler, a language enthusiast, or simply curious about the world, join us for "Exploring Germany" and embark on a captivating journey through the heart of German culture.

**Julia Knappenberger** has taught German beginner classes at Auburn University since August 2018. She is also a master's student at a German university, where she is completing her studies and gaining internship experience.

## **Fall Mysteries**

**Harold Bruner, Coordinator**

**Tuesdays | 11:00 am - 12:30 pm | Auburn Unitarian Universalist Fellowship**

Throughout this course, participants will explore several mystery novels and engage in group discussions. Each discussion will be led by a different member of the class, providing diverse perspectives and insights into the mysteries being studied.

## **Gel Pad Printing for The Absolute Beginner**

**Kim Murdock, Instructor**

**Wednesdays | 2:00 - 4:00 p.m. | Sunny Slope Annex**

**Required Materials to be purchased by student:**

- Gel Pad (8" x 10")
- 4" Soft Rubber Brayer

In this course, participants will learn the basics of Gel Pad printing to create dynamic and colorful prints. We will start with foundational techniques using the Gel Pad and Brayer, progressing to more advanced methods such as layering and incorporating other mediums. As the course progresses, participants will create finished products like bookmarks and notecards, perfect for personal use or as gifts. The final class will feature a showcase of the student's artwork, allowing everyone to share their progress and creations. No previous art experience is required.

**Kim Murdock** is an arts enthusiast, Kim has taken several art courses over the last 10 years, including a recent Mixed Media class with Margee Bright-Ragland that included Gel Pad Printmaking.

## **Gentle Chair Yoga**

**Sara Anderson, Instructor**

**Thursdays | 2:30 pm - 4:00 pm | Auburn Unitarian Universalist Fellowship**

This course offers a unique opportunity to embrace the gentle art of yoga while comfortably seated in a chair. With expert instruction, you'll learn a series of yoga postures and fundamental principles, enhancing your flexibility, balance, and overall well-being. The class also includes a simple self-massage technique for relaxation. No prior yoga experience is necessary, making it accessible to all.

**Course Requirements:**

- Comfortable clothing suitable for gentle movement.
- Participants should bring a small blanket for added comfort during the practice.

**Sara Anderson** is a dedicated and certified RYS 200-hour Yoga Alliance instructor, trained at the renowned Shiva Dancing School of Yoga in Asheville, North Carolina.

## **George Washington: Up Close and Personal**

**Richard Rhone, PhD, Instructor**

**Tuesdays (Sept. 10, 17, 24; Oct. 1) | 1:30 - 2:45 p.m. | Zoom Only - OLLI Shares UA**

George Washington is often depicted as a mythical figure in American history, remembered primarily as the first president and the commander of the army during the Revolution. However, there is much more to his story. This class will closely examine his life, family, career, and personality, revealing a more nuanced and personal view of this iconic leader. Participants will likely be surprised by some of the discoveries made along the way.

Richard Rhone, PhD is an esteemed historian and educator with extensive knowledge of American history. He has taught numerous courses on historical figures and events, aiming to provide a deeper understanding of their personal lives and broader impact on history.

## **Hinges and Twinges: Active Adult Exercises**

**Deborah Manasco, Instructor**

**Wednesdays | 2:30 pm - 4:00 pm | Auburn Unitarian Universalist Fellowship**

Join us for standing and chair exercises that enhance flexibility, strength, and balance, promoting functional fitness. Focus on building muscle memory, increasing mobility, and fall prevention through movements inspired by daily activities. A light cardio component adds motivation, encouraging safe motion awareness and confidence. Participants can proceed at their own pace.

Deborah Manasco is a retired law practitioner with the State of Alabama. She holds undergraduate studies in Health, PE, and recreation and is a certified therapeutic horsemanship instructor through PATH, Intl. Deborah has taught Active Older Adult exercise classes at various institutions and is an avid equestrian.

## **The History of Freedom**

**Herb Shivers & Jim Barber, Instructors**

**Mondays | 9:00 am - 10:30 am | Sunny Slope Annex & Zoom**

It can be argued that one simple idea—the concept of freedom—has been the driving force of Western civilization and may be the most influential intellectual force the world has ever known. But what is freedom, exactly? Historian and classical scholar J. Rufus Fears will take us on a journey through the history of freedom from ancient Greece to the present day, exploring a concept that is so close to us that we may not have fully considered its significance. Delve into the meaning of human freedom. What did freedom mean to Abraham Lincoln—or Robert E. Lee? To Franklin Roosevelt, Winston Churchill, or Martin Luther King. What does it mean to us today?

Charles H. "Herb" Shivers, PhD has been an AU OLLI member since 2012. He is a retired UAB Professor who worked with NASA and the Senior Executive Service. In addition, he has worked with the Tennessee Valley Authority, the US Army, and the National Guard. Herb is a retired Licensed Professional Engineer in Alabama and holds degrees from Auburn University, Texas A&M University, and The University of Alabama in Huntsville.

Jim Barber holds a BCE degree from Auburn University with additional studies at Villanova University, University of Houston, and Sacramento State. He has 54 years of experience in construction, engineering design, project management, and international shipping/transportation and trade. Science and history are at both ends of his happiness rainbow.

## **An In-Depth Survey of Eight Great Films**

**Tim Arnold, Instructor**

**Tuesdays | 11:00 am - 12:30 pm | Pebble Hill (main lecture)**

**and**

**Thursdays | 11:00 am - 1:00 pm | Sunny Slope Main Classroom (optional screening)**

Each week examines a different film with a lecture focused on the creators, the position of the selected film within their career's timeline, and the film's significance in contemporary culture and film history. Emphasis will be placed on the artistic qualities of the film, including its writing, cinematography, editing, and directing. Note that the materials covered in the previous film class are not prerequisites for this class.

Anyone interested in studying films is welcome. The curated list of films will include drama, comedy, and documentary, featuring selections from classics, contemporaries, and possibly unknown independents.

**Tim Arnold** graduated with an engineering degree from Auburn University in 1994 and later shifted to a 15-year career in Hollywood. He worked mainly as a video editor but also gained writing, directing, and producing skills. Tim has been involved in the creation of many short films and independent features during his career.

## **Intermediate Hikes at Chewacla State Park**

**Harold Bruner, Instructor**

**Tuesdays | 2:00 pm - 4:00 pm | Meet at Chewacla State Park**

Participants will need to pay the entrance fee of \$4.00 in person (People 62 and older are \$2.00)

Embark on a course tailored for those seeking longer distances and a faster pace than the shorter Monday hikes at Chewacla. Most hikes will span approximately 3-4 miles, offering an invigorating outdoor experience. A small day pack and water are suggested.

Required: At least one hiking pole is mandatory; two poles are preferred.

**Harold Bruner** has hiked extensively in the U.S. and Canada and, more recently, in northern England. He has led hikes for OLLI for the last six years. As a forestry graduate of Purdue, he worked in the forests of the Midwest for many years. Since moving to Auburn in 2014, he has enjoyed the biodiversity and many hiking opportunities in Alabama.

## **The Instruments of Folk and Roots Music**

**Mike Reinke, Instructor**

**Tuesdays, September 10 - October 29 | 2:30 pm - 4:00 pm | Zoom Only - OLLI Shares AU**

This class explores the origins and evolution of American folk and roots music, including African-American folk music, its commercial separation from Anglo-American folk music, and the folk music of Alabama. It also covers the structure and composition of traditional folk, roots, and blues music as well as the impact of various folk, roots, and blues musicians on contemporary music and culture. If you would like more information, please email [mikereinke68@gmail.com](mailto:mikereinke68@gmail.com).

**Mike Reinke** is a retired Auburn University faculty member who taught in the School of Pharmacy for 22 years and received several teaching awards. He has been teaching in the OLLI at AU program since 2016.

## **Introduction to Psychology as a Social Science**

**Bill Confer, Instructor**

**Tuesdays (October 8 to October 29) | 8:30 to 10:00 am | Zoom Only - OLLI Shares UAH**

Modern psychology uses the scientific method to study thought, experience, and behavior. We will review some of the historical right and wrong turns that ultimately steered psychology from authoritative guesses and outright quackery to evidence-based applications and practices. Although not a course on memory improvement, it will include an overview of the psychology lab-derived basics of learning, forgetting, and memory - and then illustrate their applications to techniques for learning efficiency and improved retention for an aging population.

**William (Bill) Confer**, PhD, retired from clinical psychology after 38 years. He is a diplomate of The American Board of Professional Psychology and The American Board of Sleep Medicine. He has taught many OLLI courses intending to make psychology principles accessible and applicable to the daily lives of attendees.

### **Line Dancing: Beginners**

**Betsy Keown and Wanda Knight, Instructors**

**Tuesdays | 9:00 am - 9:45 am | Boykin Community Center Gym**

**400 Boykin St., Auburn**

Join us for a 45-minute line dancing class where you'll learn basic steps and dances. We'll be moving to an eclectic mix of music ranging from Glenn Miller to Willie Nelson, Charlie Daniels, Little Big Town, and more. Line dancing is enjoyable and a fantastic way to get a workout for your body and mind. For comfort, please wear shoes without taps and bring a water bottle.

**Betsy Keown** has been line dancing twice weekly for sixteen years and teaching for the past ten. She loves the exercise and the joy of performing at nursing homes and other venues.

**Wanda Knight** has been line dancing for over nine years and has assisted Betsy Keown in several classes.

### **Line Dancing: Intermediate**

**Betsy Keown and Wanda Knight, Instructors**

**Tuesdays | 10:00 am - 10:45 am | Boykin Community Center Gym**

This class is intended for individuals with some line dancing experience. We will dance to various music genres, ranging from Glenn Miller to Willie Nelson, Charlie Daniels, Little Big Town, and more. In addition to being enjoyable, this class is also an excellent workout for both the body and mind. Please wear comfortable shoes without taps and bring a water bottle.

**Betsy Keown** has been line dancing twice weekly for sixteen years and teaching for the past ten. She loves the exercise and the joy of performing at nursing homes and other venues.

**Wanda Knight** has been line dancing for over nine years and has assisted Betsy Keown in several classes.

### **Learning Spanish, Level 1, Part 4**

**Sylvia Cooke, Instructor**

**Tuesdays | 9:00 am - 10:30 am | Sunny Slope Main Classroom**

This course, led by Instructor Sylvia Cook and utilizing the Great Courses DVD, offers a structured introduction to the basics of a first-semester college Spanish course. Participants will focus on language acquisition and communication skills. Professor Worden's approach, designed for adult learners, emphasizes systematic learning and includes practical strategies to enhance engagement and retention. Through a combination of curated content and expert instruction, the course aims to facilitate proficiency in Spanish within a supportive learning environment.

**Required Book:** The *Learning Spanish Workbook* is available during the first session for \$20 via credit card or check.

**Sylvia Cooke** is retired after more than 30 years as a Spanish teacher. Twenty of those years were spent at Auburn High School. She taught all levels of Spanish, from beginners to those preparing for Advanced Placement and International Baccalaureate examinations.

## **Learning Spanish, Level 3, Part 2**

**Sylvia Cooke, Instructor**

**Mondays | 9:00 am - 10:30 am | Sunny Slope Main Classroom**

For those who have completed the equivalent of a 2nd level Spanish course, this class provides an opportunity to practice what you've learned and venture into new territory. It's designed to prepare you for advanced conversations and boost your ability to express yourself on a wide range of topics in Spanish.

Sylvia Cooke is your in-class guide as you explore the art of language acquisition.

**Required Book:** *Spanish Conversation, Premium Third Edition*, by Jean Yates, available for \$17 from Amazon.com. Students should provide their own book by the first class meeting.

Sylvia Cooke is retired after more than 30 years as a Spanish teacher. Twenty of those years were spent at Auburn High School. She taught all levels of Spanish, from beginners to those preparing for Advanced Placement and International Baccalaureate examinations.

## **Local Naturalists**

**Gary Wagoner, Coordinator**

**Mondays, September 9 - October 28 | 2:00 - 3:30 pm | Annex & Zoom | OLLI Shares**

This course is taught by a team of eight local naturalists who take a multi-disciplinary approach to exploring various subjects such as botany, ichthyology, ornithology, geology, and ecology. Their areas of expertise will be shared as they discuss the incredible natural diversity of our region that they have deeply studied and observed.

### **Sept. 9**

Bill Deutsch: **Introduction: the importance of our engagement with the natural world**

**Bill Deutsch** is a Research Fellow emeritus in the Auburn University School of Fisheries, Aquaculture, and Aquatic Sciences. He holds a PhD in Aquatic Ecology from Auburn University and an M.A. in Biology from the State University of New York at Binghamton.

### **Sept. 16**

Jason Throneberry: **Alabama Nature Conservancy initiatives**

**Jason Throneberry** is the Director of Freshwater Programs for the Alabama Nature Conservancy. He earned an M.S. in Biology with a focus on rare species ecology from Tennessee Technological University. With over 15 years of experience in aquatic ecology, ecosystem restoration, and watershed restoration, he is also a Certified Fisheries Biologist recognized by the American Fisheries Society.

### **Sept. 23**

James Lowery: **Wetumpka Impact Crater – Alabama's Greatest Natural Disaster**

**James Lowery** is a member of the Wetumpka Impact Crater Commission. He conducts guided tours of the crater and states that it is his favorite place in Alabama.

### **Sept. 30**

Chris Anderson: **Alabama wetlands: Managing and restoring a critical resource**

**Chris Anderson** is a professor in the Wetland and Riparian Ecology Lab at the Auburn University College of Forestry, Wildlife and Environment. He holds a PhD in Natural Resources/Wetland Ecology from Ohio State University, and an MS in Botany from the University of South Florida.

### **Oct. 7**

Eve Brantley: **Strategies to Establish Native Plants in Streamside Forests**

**Eve Brantley** serves as the Auburn University Water Resources Center Director and is a professor in the Department of Crop, Soil and Environmental Sciences, College of Agriculture. She holds a PhD from Auburn's School of Forestry and Wildlife Sciences, and an MS in Forest Resources from Clemson University.

### **Oct. 14**

Ray Wilhite: **T-rex Lips and Feathered Hips**



**Ray Wilhite** is the Anatomy Laboratory Coordinator for the AU vet school and curator of vertebrate paleontology at the Auburn University Museum of Natural History. He holds a PhD in Vertebrate Paleontology from LSU, and an MS in Geology from Brigham Young University. His PhD work focused on sauropod dinosaur limb biomechanics, and he has published papers on dinosaurs, 3D printing technology, and veterinary anatomy.

**Oct. 21**

**AU Raptor Center: The natural history of native raptors and the work of the AU Raptor Center**

**AU Raptor Center** staff are dedicated professionals specializing in the care, rehabilitation, and conservation of native raptors.

**Oct. 28**

**Chuck Savrda: Ichnofossils—no bones (or shells or other body parts) about it—are powerful tools in paleontology and sedimentary geology**

**Chuck Savrda** earned MS and PhD degrees in Geosciences at the University of Southern California and served for 34 years as a sedimentologist in the Department of Geosciences at Auburn University. He taught courses in Historical Geology, Sedimentary Petrology, Ichnology, Field Studies, and various Directed Studies courses before retiring as Professor Emeritus in 2020.

### **The Lyrics I Love**

**Sam Hurt, Instructor**

**Mondays | 2:30 pm - 4:00 pm | Sunny Slope Main Classroom**

Love meaningful lyrics and discussions? Join us to explore song lyrics together! Each session features three to four songs, with lyrics provided for discussion. Participants can bring their own song choices for future sessions. We'll start with Jimmy Buffett, John Prine, and Randy Newman, and adjust based on the group's interests. Future sessions may include patriotic, inspirational, and faith-oriented songs. Let's enjoy meaningful conversations through music!

**Sam Hurt**, a lifelong learner and OLLI student is a retired Army Colonel, high school science teacher, and former US Army Aviation doctrine team leader.

### **Medieval English History Part 1: From Romans to Anglo-Saxons**

**Joseph Kicklighter, Instructor**

**Tuesdays | 2:30 pm - 4:00 pm | Pebble Hill and Zoom**

This is the first of three courses for 2024-25, covering the major events in the history of England from the earliest written sources to the Tudor period. The first segment covers the period of Roman rule through the conquest by the Anglo-Saxons, the conversion to Christianity, and the creation of early England. We shall complete this portion at the time of the Norman Conquest in the 11th century.

**Joseph Kicklighter**, a retired professor of Medieval History from Auburn University, has been teaching at the university since 1975 and still teaches there part-time. He completed his undergraduate studies at the University of the South and obtained his Ph.D. from Emory University. Since 2015, he has also been teaching for OLLI.

### **Mindful Movement for Health and Wellness: Taiji and Qigong**

**Kitty Frey, Instructor**

**Wednesdays | 10:30 am - 11:30 am | Auburn Unitarian Universalist Fellowship**

In this class, we will explore some of the key elements that mindful movement practices such as Tai Chi, Qigong, Yoga, and others share and how we can apply these to our everyday activities. We will be learning and moving, so please wear comfortable clothing and flat shoes (no heels). Bring an open mind and a willingness to slow down.

**Kitty Frey** is an occupational therapist and practitioner/instructor of mindful movement. She has been teaching community classes since 2004 to improve health and wellness and most recently decrease the risk of falls through postural and movement awareness.

**Old Enough Seminar & Workshop Series**  
**Southern Women Artists and Writers on Creativity and Aging**  
**Fridays, September 13 - November 1 | 9:00 AM - 11:00 AM | Sunny Slope Annex**

This course features a series of workshops by contributors to the recently published book *Old Enough: Southern Women Artists and Writers on Creativity and Aging*. Each week, a different contributor will lead a session, offering personal insights and reflections on the intersection of creativity and aging.

**Registration Details:**

- Registration is limited to two workshops per participant for the series.
- A waiting list will be available for additional opportunities.
- Enrollees will receive a link to request additional registration if space permits.
- Please register responsibly.

Join us to celebrate and learn from the diverse voices of Southern women artists and writers as they navigate and express the complexities of aging and creativity.

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**September 13: Jacqueline Allen Trimble**

**It's Never Too Late: A Seminar on Being a Writer at Any Age**

John Keats wrote some of the most beautiful verses in English history by the time he was twenty-nine. Langston Hughes penned the brilliant "The Negro Speaks of Rivers" when he was eighteen. Safia Elhillo was an award-winning poet by the time she was sixteen and has been wowing critics and audiences since. Me? I'm a late bloomer, having published my first collection at fifty-five. Let's face it. There is more of life behind me than ahead of me. But I'm all right with that. There are definite advantages to being a more "seasoned" creative. In fact, it is never too late to become the writer you always wanted to be no matter your age. This seminar will consider the upside of being an older writer and provide practical advice on how to enter the writing life at any point (i.e. how to get readings, how to market your book if you hate social media, how to get published, how to hone your craft if you have no desire to go back to school, and so forth.)

**Jacqueline Allen Trimble** is a National Endowment for the Arts Creative Writing Fellow (Poetry), a Cave Canem Fellow, and a two-time Alabama State Council on the Arts Literary Fellow. Her poetry has appeared in various publications, and she has won the 2016 Balcones Poetry Prize. She is also a Professor of English and chairs the Department of Languages and Literatures at Alabama State University.

**September 20: Angela Jackson Brown**  
**Building the Soul of Your Characters**

Discover the art of crafting memorable and multidimensional characters in our immersive workshop, "Building the Soul of Your Characters." This session delves into techniques for developing authentic, relatable, and compelling characters that resonate with readers. Through guided exercises, interactive discussions, and practical tips, you'll learn how to infuse your characters with depth, emotion, and unique personalities. Whether you're a seasoned writer or just starting out, this workshop will equip you with the tools to breathe life into your characters and create stories that captivate and inspire. Join us and unlock the secrets to building characters that truly embody the soul of your narrative.

**Angela Jackson Brown** is an award-winning author and playwright. She is an Associate Professor in the Creative Writing Program at Indiana University Bloomington and a faculty member in the graduate program at Spalding University. Her work often explores themes of Southern identity, African American culture, and the human experience.

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**September 27: Yvonne Wells**  
**The Historical and Cultural Significance of Southern Folk Art**

Join us for a fascinating exploration of Southern folk art and its historical and cultural significance. This session will feature insights into the rich heritage and unique characteristics of Southern folk art. Participants will learn about the artists, techniques, and stories behind these compelling works.

**Yvonne Wells** is a renowned folk artist whose quilts have been exhibited in museums across the United States. Her work reflects the deep cultural roots and traditions of Southern folk art, making her a leading figure in this vibrant artistic community.

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**October 4: Cecilia Rodriguez Milanes**  
**Writing Your Life in Fragments**

Discover the intersection of creativity and aging in this engaging writing workshop. Participants will explore how aging influences creative expression and how artists navigate their artistic journeys. Please bring family photos and writing materials for the exercises, as we delve into personal storytelling and the power of fragmented memories.

**Cecilia Rodriguez Milanes** is a distinguished writer and scholar. Her work focuses on Latinx culture and literature, offering valuable perspectives on the creative processes within these communities. She is a professor of English at the University of Central Florida.

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**October 11: Lila Quintero Weaver**  
**Artistic Journaling**

Journal for the joy of it by adding visual panache to your pages! In this workshop, we will explore creating illustrated texts. We will work on putting together two sampler-size journals brimming with step-by-step decorative elements in a rainbow of styles and a range of media. Non-artists are welcome. The approach is 100% playful and beginner-friendly. All participants will receive a printed handout detailing the processes covered in the workshop and a list of resources for further exploration.

**Lila Quintero Weaver** is a celebrated graphic novelist and illustrator, best known for her graphic memoir *Darkroom: A Memoir in Black and White*. Her work in visual storytelling has garnered critical acclaim and has been featured in various publications.

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**October 18: Sara Garden Armstrong**  
**Playing with the Creative Process**

**\*Please note that this session will end at 12 pm**

In this workshop, you'll use cutout images to create a unique collage on a single sheet of paper, which you'll then fold into an artist's book. This hands-on session will guide you through the artistic process, from conception to finished piece, and help you discover new ways to express your creativity.

**Sara Garden Armstrong** is an acclaimed multimedia artist known for her innovative installations and environments. Her work has been exhibited in galleries and museums worldwide. She is recognized for her

contributions to contemporary art and multimedia expressions.

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**October 25: Patricia Foster**  
**A Poetry Workshop**

Participants will engage in writing exercises, explore different poetic forms, and receive constructive feedback on their work. This workshop aims to inspire and refine your poetic expression through practical exercises and group discussions.

**Patricia Foster** is an award-winning memoirist and author. She is a professor emerita at the University of Iowa, where she taught in the MFA Program in Nonfiction. She brings extensive experience in writing and teaching personal narratives, offering valuable insights into the craft of memoir writing.

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**November 1: Jennifer Horne**  
**Poetry and Creative Expression**

Celebrate the beauty of poetry and creative expression in this inspiring session. Participants will explore various forms of poetry and learn techniques for enhancing their poetic craft. This session will encourage participants to express themselves creatively and connect with the power of words.

**Jennifer Horne** is a renowned poet and writer. Her work has been widely published, and she is known for her contributions to contemporary poetry and creative writing. She served as the Poet Laureate of Alabama from 2017 to 2021.

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**Opelika Community Theatre presents Creative Aging Senior Theatre**  
**Marty Moore, Instructor**

**Tuesdays | 1:00 pm - 2:30 pm | Auburn Unitarian Universalist Fellowship**

Explore the remarkable benefits of Senior Theatre for older adults, such as improved memory and cognitive skills, self-discovery through character study and storytelling, the joys of camaraderie, enhanced social skills, goal attainment, and a deeper appreciation for the work of others. Discover how seniors involved in theatre improve their health, enhance Activities of Daily Living (ADLs), foster a more positive outlook on life, and enrich their overall quality of life based on evidence from similar programs nationwide.

**Marty Moore**, the owner of Opelika Theatre Company, has a passion for sharing the art of theater with others.

**Optics!**

**Jim Beaupre, Instructor**

**Mondays & Tuesdays | September 16, 17, 23, 24 | 8:30 am - 10:00 am | ZOOM Only - OLLI Shares UA**

Optics is the study of light and how it behaves. This course addresses two main themes: how optics developed from Newton to the present and the basic principles of propagation, reflection, refraction, diffraction, interference, and particle behavior.

**Jim Beaupre** earned a Ph.D. in theoretical physics from Iowa State University and was a post-doctoral fellow at the Stanford Linear Accelerator Center. He later worked at Teledyne Brown Engineering in Huntsville, Alabama, where he received major awards and was named a Teledyne Brown Engineering Fellow for lifetime technical achievement in 2004.

## **The Path to Victory: Grant, Sherman, and the Campaigns that Won the Civil War**

**John Mason, Instructor**

**Tuesdays (September 24 to November 12 | 10:30 am to 12:00 pm | Zoom Only - OLLI Share UAH**

In this multi-part series, participants will explore the campaigns led by Generals Ulysses S. Grant and William Tecumseh Sherman, which played a pivotal role in the Union's victory in the American Civil War. The course will delve into the pre-war lives of these two figures and examine the formation of their partnership. There will be a focus on detailed accounts of the battles of Belmont, Forts Henry and Donelson, Shiloh, Corinth, and Iuka, all of which were critical in their journey to supreme command and eventual triumph.

**John Mason** is happily retired and spends his time in Huntsville enjoying all the things work previously kept him from doing. When he's not researching and writing, he enjoys reading, traveling, walking, and playing a not-so-great game of golf. John has been living in Huntsville since 1987 with his two sons, Derek and Jared.

## **The History of History in the Twentieth Century: Philosophical Origins and Challenges**

**Jay West, Instructor**

**Tuesdays | 9:00 am - 10:30 am | Zoom Only**

Explore the evolution of historical thought from its traditional narrative form to contemporary challenges. This course traces the shift from 19th-century German historiography to modern philosophical movements such as Marxism, Structuralism, and Post-Structuralism. We'll analyze the impact of key philosophers like Kant, Hegel, Marx, Saussure, Nietzsche, Foucault, and Derrida, and discuss how their ideas contribute to our current "Post-Truth" reality. As Faulkner noted, "The Past is never dead. It's not even past."

**James (Jay) West** is a retired professor with a Ph.D. in Russian History from Princeton University. He taught for 39 years at Trinity College and Middlebury College before continuing to teach at OLLI NWU Chicago and European University. He is now a frequent instructor for OLLI at Auburn and the University of Vermont. He resides in Middlebury, Vermont.

## **Pundits, Polls & Politics! The '24 Election!**

**Douglas Stowell, Instructor**

**Tuesday, Oct. 3 (single session) | 1:30 pm - 2:45 pm | Zoom - OLLI Shares AU/UA**

This session will provide a comprehensive and non-partisan overview of the 2024 election landscape. Topics include a review of POTUS approval history from 1945 to 2020, an exploration of improved voter polling methods, and a discussion on the influence of pundits. The course will also define generational voting patterns, review current polls with a focus on key issues through four online polls, and consider a Corporate Assessment Model for decision-making. Participants will complete their own electoral vote forecast for the 2024 election.

**Douglas Stowell** is an experienced political analyst and educator, specializing in public opinion research and electoral studies. He brings a wealth of knowledge on polling methods and political trends, making complex political topics accessible and engaging for all participants.

## **The Science of Climate Change**

**David Keellings, Instructor**

**Mondays Sept. 9, 16, 23, 30; Oct. 7 | 10:30 am - 11:45 am | Zoom Only - OLLI Shares UA**

This course will introduce students to the physical science of climate change by exploring the Earth's atmosphere and the factors driving changes in the climate system. Participants will investigate the impacts of climate change through detailed observations and examine potential future consequences. Additionally, the course will delve into potential solutions to address the challenges posed by climate change.

## **Shorter Hikes at Chewacla State Park**

**Harold Bruner & Maureen Donnan, Instructors**

**Mondays | 8:30 am - 10:30 am | Meet at Chewacla State Park**

**Participants will need to pay the entrance fee of \$4.00 in person (People 62 and older are \$2.00)**

Enjoy a thorough introduction to nearby Chewacla State Park with shorter weekly hikes of 2-3 miles. We will visit Town Creek, Moore's Mill Creek, Chewacla Creek, and Hidden Falls and cover most of the trails in the park. A small day pack is suggested.

**Required:** At least one hiking pole is mandatory; two poles are preferred. A small day pack is suggested.

Harold Bruner is a retired forester who now hikes for fitness and pleasure. He has hiked extensively in many U.S. and several Canadian provinces. Having spent more than 60 years in Indiana and Florida, he now enjoys the biodiverse landscape of Alabama.

## **Silver Sneakers**

**David Tillman, Instructor**

**Mondays and Fridays | 11:30 am - 12:30 pm | Max Fitness Center (189 E. University Dr. Auburn)**

**All registration for this class is managed through Max Fitness.**

Max will be offering Silver Sneakers classes to OLLI members twice a week. This workout includes fall prevention drills and exercises to improve strength and endurance. A chair and handheld weights or tubing are provided and recommended. You must either sign in as a gym or Silver Sneakers member to take advantage of those classes.

OLLI members will be offered a Max Fitness membership at a special discounted price. Check your insurance to determine if Silver Sneakers is covered at no cost. If not, you can join Max for \$25 monthly, provided you sign a 6-month contract. This OLLI-exclusive package gives full access to the gym, waives the \$49 enrollment fee, reduces the 18-month commitment to 6 months, and reduces the monthly fee by 17%.

David Tillman is a certified Silver Sneakers instructor.

## **Staying Active - Day Hiking**

**Harold Bruner, Instructor**

**Thursdays | 8:30 am - 4:00 pm | Meet at Sunny Slope by 8:45 am unless otherwise directed.**

This class is designed for more advanced hikers and may involve challenging terrain. To join, you should have a moderate fitness level and prior hiking experience at these distances. Hike locations will alternate between Chewacla State Park and the other sites we typically visit. The Chewacla hikes will begin at 8:30. For the out-of-town hikes, we will carpool and leave Sunny Slope at 8:30. The Chewacla hikes will be up to 10 miles with options to exit after 3-4 miles. The out-of-town hikes are often in the 5-10-mile range. Participants typically carpool from Sunny Slope to our out-of-town destinations. At the end of the term, you will be assessed \$5 for each time you ride with the carpool. The money will be distributed among the drivers to offset their expenses.

**Required:** Demonstration of your hiking proficiency before the first class.

Two hiking poles. A small day pack is suggested.

Harold Bruner has hiked extensively in the U.S. and Canada and, more recently, in northern England. He has led hikes for OLLI for the last six years. As a forestry graduate of Purdue, he worked in the forests of the Midwest for many years. Since moving to Auburn in 2014, he has enjoyed the biodiversity and many hiking opportunities in Alabama.

## **The Stress of Aging and Caregiving**

**Leisa Askew & Maria Davis, Instructors**

**Wednesdays | 9:00 am - 10:30 am | Sunny Slope Annex**

This class is designed to help participants understand and manage the stress associated with aging and caregiving. It will define different forms and causes of caregiver stress, recognize the physical and emotional effects of stress, and encourage self-reflection on stress. Participants will learn about factors that contribute to stress, the relationship between loss and grief, and how to respond to stressful events. The course will also cover coping strategies and stress management techniques, providing practical tools to handle the challenges of caregiving.

**Leisa Askew** is a licensed social worker with 27 years of experience working with the aging population. She is also a certified Dementia Care Specialist and Aging Resource Specialist.

**Maria Davis** is the local Ombudsman representative for Lee and Russell County. She holds a master's degree from Troy University and has been working with the aging population for almost 23 years. Maria received master training certification for teaching StressBuster for Caregivers in 2016.

## **Trees of Alabama**

**Nancy Loewenstein, Instructor**

**Wednesdays | 8:30 - 10:30 a.m. | Main Classroom**

This course provides an in-depth look at how to identify trees and shrubs of Alabama using morphological characteristics (e.g., leaves, twigs, fruit, bark) and ecological traits (e.g., preferred habitat, range). In addition to learning about individual species, the course will cover the basics of botanical terminology, plant taxonomy and nomenclature (i.e., scientific names), and how environmental factors influence tree morphology and ranges. The course includes both indoor instruction and time in the field for practical identification experience.

**Nancy Loewenstein** is a recently retired AU Extension Specialist who taught Dendrology (Tree Identification) for seventeen years. She earned degrees from the University of Missouri, Virginia Tech, and Auburn University.

## **Walk This Way**

**Bob Banks, Instructor**

**Thursdays | 8:30 am - 9:30 am | Meet at Auburn Public Library**

Join this engaging weekly program designed to help participants develop a consistent walking exercise routine. Each Thursday, attendees will meet at the Auburn Public Library to learn about the numerous benefits of walking and enjoy local walks together. This course welcomes both novice and veteran walkers, providing a supportive and informative environment for all.

**Bob Banks** is an avid runner. He is a retired ALFA insurance professional.

## **World War II: The Pacific Theater**

**John Parr, Instructor**

**Tuesdays | 9:00 - 10:30 a.m. | Sunny Slope Annex**

The war that began on December 7, 1941, with the Japanese attack on the American fleet in Pearl Harbor, Hawaii, ended nearly four years later in Tokyo Bay, Japan, on September 2, 1945. In the Pacific, although more than a dozen nations or British Commonwealth partners participated, much of the fighting involved the national forces of Japan and the United States, particularly their naval forces. This course will consist of lectures by Professor Craig L. Symonds, Distinguished Professor of Maritime History at the Naval War College and Professor Emeritus at the US Naval Academy. It is a video course from The Great Courses, offering an in-depth look at the strategies, battles, and key events that shaped the Pacific Theater during World War II.

**John Michael Parr** served in the US Navy for 22 years, enlisting as a Seaman Recruit in 1960 and retiring as a Lieutenant Commander in 1982. He was a Professor of Electrical Engineering at the University of Evansville (Indiana) from 1988 to 2010. His educational background includes a BS in Electrical Engineering from Auburn University (1969), an MS in Electrical Engineering from the Naval Postgraduate School (1974), and a PhD in Electrical Engineering from Auburn University (1988). John has been a resident of Auburn and an OLLI member since 2013.

### **Wheel-Thrown Pottery**

**Gary Wagoner, Instructor**

**Tuesdays | 9:00 am - 11:00 am | Jan Dempsey Arts Center**

**Course fee: \$110 payable to OLLI** (covers the costs of clay, glazes, firing, use of tools, and venue rental)

Open to beginners and experienced potters, this class will cover the basics of throwing on the potter's wheel. Students will learn essential skills such as centering, opening, pulling walls, and forming. As the course progresses, participants will create various shapes, including cups, bowls, vases, and pitchers. Additionally, there will be opportunities to work with glazes and other forms of surface decoration. Class participants can elect to use the studio on another day for practice—more details will be provided.

**Gary Wagoner** holds an MFA in Ceramic Art from SUNY College of Ceramics at Alfred University. He developed the Ceramics curriculum at Auburn University and taught all levels of pottery and clay sculpture there for 35 years.

### **Writing Our Lives**

**Terry Ley, Instructor**

**Mondays | 11:00 am - 12:30 pm | Pebble Hill**

Our lives are like patchwork quilts, writes Richard L. Morgan in *Saving Our Stories: A Legacy We Leave*, and as we age, we detect the patterns we have woven and seek to understand them. Explore your life's patterns and the stories they prompt. Revisit memories, reflect on them, write about them, and share your stories with an empathetic audience of peers.

**Terry Ley** taught high school English in Iowa before coming to Auburn University, where he was a professor of English education. He has taught Writing Our Lives for OLLI for sixteen years.

### **Writing Poetry: Old Themes and New Perspectives**

**Ken Autrey, Instructor**

**Tuesdays | 9:00 - 10:30 a.m. | Pebble Hill**

In this class, we'll consider poetry as a means of understanding ourselves and the world around us. We will explore established themes and patterns in poetry, examining them through the lens of recent works that often reconfigure or challenge traditional approaches. Occasionally, we'll review work in progress by class members. All writers are welcome; you need not be an experienced poet to benefit from this class.

**Ken Autrey** taught poetry workshops at Francis Marion University in South Carolina for many years. He has published five books of poetry, and his work has appeared in many magazines. He has often taught poetry for OLLI.



## Special Interest Groups (SIG)

*Any OLLI member, general or academic, may register for a SIG.*

### **Deaf Culture: American Sign Language (SIG)**

**Betty Hare, Facilitator**

**Wednesdays | 2:30 - 4:00 p.m. | Sunny Slope Conference Room**

Explore the rich and vibrant Deaf culture through American Sign Language (ASL). This Special Interest Group (SIG) is designed to introduce participants to the basics of ASL, while also understanding the cultural aspects and history of the Deaf community. Engage in interactive sessions and group discussions to enhance your learning experience.

### **Exploring Artistic Expressions with John Willer (SIG)**

**John Willer, Facilitator**

**Thursdays | 11:00 a.m. - 1:00 p.m. | Sunny Slope Annex**

Discover and experiment with different artistic mediums, including acrylic paint, oil paint, pencils, and pastels. Engage in hands-on activities and guided discussions to gain insights into various techniques. Whether you're a beginner or a seasoned artist, you'll have the chance to find your unique artistic style while being part of a supportive community. Participants are welcome to use any medium they prefer but must bring their own supplies. John Willer will be available to provide assistance and guidance as needed.

### **(Play) Mah Jongg (SIG)**

**Kim Scarborough, Facilitator**

**Tuesdays | 1:30 pm - 3:30 pm | Sunny Slope Kitchen**

You must have had some previous experience playing. **Please note that there won't be any formal instructors available, as this is not a course for learning the game.** It's an opportunity to meet and play with other game enthusiasts. OLLI provides 12 cards and one set, but please bring your own cards and game sets if you have them.

### **Looking At Photography with a Critical Eye (SIG)**

**Curtis Shannon, Facilitator**

**Thursdays | 11:00 am - 12:30 pm | Sunny Slope Conference Room**

If you have ever wondered why contemporary photography is interesting and how to engage with it, this Special Interest Group (SIG) is for you. Join us as we explore the power of observation, the nature of photographs, developing a critical eye, mapping photographs, and picturing the South.

### **Meditation (SIG)**

**Leslie Beard, Facilitator**

**Mondays | 5:00 pm - 6:15 pm | Sunny Slope Annex**

The OLLI Meditation SIG meets weekly to meditate and build a supportive community for meditators of all levels and disciplines.

### **Morning Motivation (SIG)**

**Johnnie Dowdell, Facilitator**

**Thursdays | 8:30 am - 9:00 a.m. | Sunny Slope Kitchen**

Start your day with inspiration and positivity in our Morning Motivation Special Interest Group (SIG). This group focuses on personal growth and community support. Each session features inspirational readings, including Bible verses, personal reflections, and uplifting music. Enjoy a selection of pastries as you connect with like-minded individuals and begin your day with clarity and motivation. Join us to nourish your body, mind, and spirit in a supportive and encouraging environment.

**Secular Buddhist Study Group (SIG)**  
**Leslie Beard & Gary Wagoner, Facilitators**  
**Mondays | 3:45 - 4:45 pm | Sunny Slope Conference Room**

This study group provides an opportunity, through shared readings and discussion, to explore Buddhist teachings and practices in a secular and contemporary context. It will focus on the precepts of Buddhism as a practical and ethical philosophy.

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**OLLI Presents**

*OLLI Presents programs are free and open to the public. OLLI membership is not required.*

**Brown Bag Series**

**BYOL (Bring your own lunch) & learn.**  
**Wednesdays | 11:30 am - 1:00 pm | Pebble Hill**

<b>Date</b>	<b>Presenter</b>	<b>Title</b>
September 11	Jack Brinson	OLLI Travels Presents: Unpacking Our Upcoming Travel Experiences
September 18	Kris Patton	Let's Talk About Foster Care
September 25	Roger Launius	Writing the Smithsonian Atlas of the Universe: The Biggest History of Them All
October 2	Danielle Fixico	Missing and Murdered Indigenous Women: Raising Awareness Through Art
October 9	Jim Hodo & Chris Oberholster	Conservation in Alabama: Why, How, and Where Biodiversity is Protected in This State
October 16	Gary Piazza	Discovering and Developing New Cancer Drugs
October 23	Laura Murray	<i>Our Patriots: Men And Women—Black, White, And Native, Famous, And the Everyman—All Served for The Common Cause of Liberty</i>
October 30	Douglas Coutts	Girls' Education: The Magic Bullet to Solving World Hunger, Poverty, and Population Growth

## Music of Bees

### Auburn University Common Book Program

Caroline Gebhard, Facilitator

Tuesdays | October 1, 8, & 15 | Locations will vary

**\*Please note that books will be provided to registered participants.**

Join us for a deep dive into Eileen Garvin's novel *The Music of Bees*, the 2024 selection for the Auburn University Common Book Program.

#### October 1: Introduction to *The Music of Bees*

1:00 pm - 2:30 pm, Sunny Slope Annex

Discover Eileen Garvin's novel, explore its background and discuss its themes of community, support, and disability.

#### October 8: Philosophical and Social Contexts

Time TBD, AU Campus

Examine the philosophical and social influences in the novel and participate in intergenerational discussions on its themes.

#### October 15: Beekeeping and Sensory Experience

1:00 pm - 2:30 pm, Sunny Slope Annex

Enjoy a beekeeping presentation by an AU beekeeper, followed by a honey-tasting session. Connect the novel's environmental themes with sensory experiences.

#### October 22: Author Talk & Book Signing:

7:00 pm - 8:00 pm, AU Student Activities Center

## Old Enough Lecture Series

### Southern Women Artists and Writers on Creativity and Aging

Jay Lamar, Coordinator

Thursdays, September 12 - October 31 | 2:30 pm - 4:00 pm | Harris Center & Zoom | OLLI Shares

This course features a series of talks and readings by contributors to the recently published book *Old Enough: Southern Women Artists and Writers on Creativity and Aging*. Each week, a different artist or writer will share their unique perspectives on creativity and aging, exploring themes of identity, memory, resilience, and the passage of time. Participants will engage with the rich tapestry of human experiences through personal stories, reflections, and insights, deepening their appreciation for the contributions of older women to the arts and humanities.

Date	Presenter	Title
September 12	Jacqueline Allen Trimble	Creativity and Aging in African American Literature
September 19	Angela Jackson Brown	Storytelling and the Creative Process in Southern Literature
September 26	Gail Andrews and Yvonne Wells	The Historical and Cultural Significance of Southern Folk Art
October 3	Cecilia Rodriguez Milanés	Here's Looking At You: Creativity and Aging within Latinx Communities
October 10	Lila Quintero Weaver	My Life in Pictures as an Author-Illustrator
October 17	Sara Garden Armstrong	Art as Exploration
October 24	Patricia Foster	A Poetry Reading and Talk
October 31	Jennifer Horne	Poetry and Creative Expression

## **\*\*Register for OLLI at Auburn University Courses\*\***

Welcome to OLLI at Auburn University! We are excited to offer diverse and enriching courses for the new membership year. Whether you're looking to pursue a new interest or enhance your existing skills, OLLI has something for everyone.

### Important Notes:

- **Registration Period:** Mark your calendar! Registration opens on August 19, 2024
- **Membership Term:** OLLI Membership spans from August 1, 2024, to July 31, 2025. If you haven't joined yet, you can sign up anytime.
- **Membership Benefits:**
  - **NEW: OLLI Day Benefit:** OLLI members are entitled to an exclusive membership perk at the OLLI Day signature event at GPAC on August 7, 2024, featuring Margaret and Billy Renkl. **Register by July 31, 2024**, to secure your membership benefit: 2 complimentary drink tickets for the reception & book signing. While general admission to the OLLI Day signature event is free, this membership perk is reserved for registered 2024-25 OLLI members.
  - **AU Community ID Card:** Access Auburn University resources including parking permits, and library privileges for a \$25 fee.
  - **Exclusive Discounts:** Enjoy savings at the Auburn University Bookstore, Auburn Oil Co. Booksellers, and Jule Collins Smith Museum Store.
  - **Tiger Transit Access:** Ride Tiger Transit with ease using your AU Community ID card or OLLI name tag.
  - **Fitness and Wellness Discounts:** Access discounted rates at Max Fitness of Auburn and join Special Interest Groups (SIGs) and workshops.
  - **Entertainment Discounts:** Receive a 10% discount on tickets for GPAC-presented performances at the Gogue Performing Arts Center.

Membership & Academic Fees Category	Amount
Annual Membership	\$50
Academic Fee per term (Unlimited Courses)	\$85 (Fall, Winter, Spring)
New Academic Fee per term (Single Course)	\$40
Summer Academic Fee (Unlimited Courses)	\$40
All-Inclusive (Membership and Fall, Winter, and Spring Academic Courses)	\$290
All-Inclusive Plus (Membership and Fall, Winter, Spring, and Summer Academic Courses)	\$330

- OLLI Membership is required for course enrollment each term.
- For Special Interest Groups (SIGS), only OLLI membership is required; no additional academic fee is necessary.
- **Course Specifics:** Please review course descriptions for any specific requirements, such as additional materials or a course supply fee.
- **Registration Support:** If you have any registration inquiries or require assistance, contact the OLLI office at 334-844-3146 or olli@auburn.edu.

### Convenient Registration:

Utilize the QR code below to access the registration page directly:

