## Winter 2025 Course Grid MONDAY

Location	1	2	3	4	5
Sunny Slope		An In-Depth Appreciation for Films & Television: Lecture Series Tim Arnold Main Classroom 11:00 am - 12:30 pm	Mahjongg for Beginners (SIG) Ann Beale & Mary Ann Hanson Sunny Slope Kitchen 12:00 pm - 1:30 pm	The Lyrics I Love Sam Hurt Main Classroom 2:30 pm - 4:00 pm	
Sunny Slope Annex	The History of Freedom Herb Shivers & Jim Barber In-Person & Zoom 9:00 am - 10:30 am	21st Century Biotechnologies and Human Values James Bradley 11:00 am - 12:30 pm January 13, 27, February 3, 10	Local Naturalists on Nature Gary Wagoner, Coordinator In-Person & Zoom OLLI Shares AU 2:00 pm - 3:30 pm	Secular Buddhist Study Group (SIG) Leslie Beard Annex 3:45 pm - 4:45 pm	<b>Meditation (SIG)</b> Leslie Beard 5:00 pm - 6:15 pm
Pebble Hill	Against The Grain: How Farmers Around the Globe Are Transforming Agriculture to Nourish the World and Heal the Planet Roger Thurow 9:00 am - 10:30 am	Writing Our Lives Terry Ley 11:00 am - 12:30 pm		Introduction to the Psychological Theories of Carl Jung Steve Harrison 2:30 pm - 4:00 pm	
Alt Locations	Shorter Hikes Harold Bruner Meets at Chewacla State Park 8:30 am - 10:30 am	Wheel-Thrown Pottery Gary Wagoner Jan Dempsey Arts Center 9:00 am - 11:00 am	Silver Sneakers David Tillman Max Fitness Auburn 11:30 am - 12:30 pm		
ZOOM Only	Adventures in Psychology: Normalcy, Stress, Anxiety, and Depression William Confer ZOOM Only  OLLI Shares UAH Mon & Wed - March 17, 19, 24, 26 9:00 am - 10:15 am	Opera Buffa Elizabeth Aversa OLLI Shares UA   Zoom Jan. 27; Feb. 3, 10, 17, 24; March 3 9:00 am - 10:15 am			

Classes: Weekly (unless otherwise noted)
January 13 - March 3

Osher Lifelong Learning Institute
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# Winter 2025 Course Grid TUESDAY

Location	1	2	3	4
Sunny Slope	<b>Spanish</b> David Yohn <b>Main Classroom</b> 9:00 am - 10:30 am	An In-Depth Appreciation for Films & Television: Film Screenings Tim Arnold Main Classroom 11:00 am - 12:30 pm	Healing the Heart of Democracy (SIG)  Janet Deutsch  Conference Room  12:30 pm - 2:00 pm	King Cotton and the History of Alabama Agriculture Charles Mitchell Main Classroom 2:30 pm - 4:00 pm
Sunny Slope Annex		Brain: The Aging Brain Jason Chang Sunny Slope Annex 11:00 am - 12:30 pm February 11, 18, 25		
Sunny Slope Annex	<b>World War II: The Pacific Theater</b> John Parr 9:00 am - 10:30 am	iPhone Skills 2024: Best Practices and Tips Mike Aikins 11:00 am - 12:30 pm January 14, 21, 28; 2/4	The Civil War Era Through the Eyes of Black Americans Matthew Roberts 2:00 pm - 3:30 pm	Exploring Emotional Expression Through Visual Arts Margee Bright-Ragland 4:00 pm - 6:00 pm January 14, 15, 21, 21
Pebble Hill	Claudia Rankine's Prizewinning Book, Citizen: An American Lyric Ken Autrey & Caroline Gebhard 9:00 am - 10:30 am Janury 14, 21	History of Western Art Anne Leader 11:00 am - 12:30 pm		English History in the High Middle Ages Joseph Kicklighter In-Person & Zoom 2:30 pm - 4:00 pm
Alt Location	Introduction to Iceland Ken Autrey, Roger Launius, Mark Steltenpohl, Janne Debes, Stephen Gresham, Scott Bishop 9:00 am - 10:30 am Pebble Hill January 28; 2/4,11,18, 24	Winter Mysteries Harold Bruner AUUF 11:00 am - 12:30 pm	Opelika Community Theatre presents: Creative Aging Senior Theatre Marty Moore AUUF 1:00 pm - 2:30 pm	
Alt Location	<b>Line Dancing for Beginners</b> Betsy Keown & Wanda Knight <b>Boykin Gym</b> 9:00 am - 9:45 am	<b>Line Dancing Intermediate</b> Betsy Keown & Wanda Knight <b>Boykin Gym</b> 10:00 am - 10:45 am	Intermediate Hikes Harold Bruner Meet at Chewacla State Park 2:00 pm - 4:00 pm	
ZOOM Only	The Origins of Fascism Jay West <b>Zoom Only</b> 9:00 am - 10:30am		Significance of Lesser-Known Presidents Richard Rhone Zoom Only   OLLI Shares UA Jan. 21, 28; Feb. 4 1:30 pm - 2:45 pm	Eat Plants: Prevent and Reverse Chronic Disease With a Whole Food Plant-Based Lifestyle!  Denise Rose ZOOM Only 2:30 pm - 4:00 pm
ZOOM Only	Einstein's Special and General Relativities Jim Beaupre Zoom Only   OLLI Shares UAH Tues. & Thurs - 3/18, 20, 25, 27 8:30 am - 10:00 am	Campaigns that Won the Civil War: Chattanooga and Grant's Ascension to Command John Mason Zoom Only   OLLI Shares UAH January 28 - March 25 10:30 am - 12:00 pm		The Instruments of Folk and Roots Music Mike Reinke ZOOM ONLY OLLI Shares AU 2:30 pm - 4:00 pm

Classes: Weekly (unless otherwise noted)
January 13 - March 3

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Registration: December 2 - 13, 2024

### Winter 2025 Course Grid WEDNESDAY

Location	1	2	3	4
Sunny Slope	Knitting for Beginners Lori Moore Sunny Slope Kitchen 9:00 am - 10:30 am	Making a Difference: The Value of Seniors as Mentors in the Community (SIG) Robert Holmes Conference Room 1:00 pm - 2:30 pm January 22; February 20	(Play) Mah Jongg (SIG) Kim Scarborough & Michelle Kostelecky Sunny Slope Kitchen 1:15 pm - 3:15 pm	
Sunny Slope Annex	<b>Dementia Capable Care</b> Leisa Askew 9:00 am - 10:30 am		The New Deal and Its Legacy Larry Gerber 2:00 pm 3:30 pm	Exploring Emotional Expression Through Visual Arts Margee Bright-Ragland January 14, 15, 21, 22 4:00 pm - 6:00 pm
Pebble Hill	Alabama Rivers Bill Deutsch 9:00 am - 10:30 am	OLLI Brown Bag Series Free & Open to the Public 11:30 am - 1:00 pm Visit aub.ie/ollievents for schedule		
Alternate Locations	Adventures in Psychology: Normalcy, Stress, Anxiety, and Depression William Confer ZOOM Only   OLLI Shares UAH Mon & Wed - March 17, 19, 24, 26 9:00 am - 10:15 am	Mindful Movement for Health and Wellness: Taiji and Qigong Kitty Frey AUUF 10:30 am - 11:30 am		Hinges and Twinges: Active Adult Exercises Deborah Manasco AUUF 2:30 pm - 4:00 pm

#### **Brown Bag Presentations:**

15-Jan - Frank Broz - D-Day: June 6, 1944 - A Battle That Shaped Our World

**22-Jan** - Meghan Buchanan - Searching for Camp Watts

**29-Jan** - Anne Leader - How Will They Remember Me? Tomb Reuse in Renaissance Florence

**5-Feb** - Rosalyn Thomas - Dramatic Monologue: Henrietta Lacks

12-Feb - Douglas Coutts - Girls' Education: The Magic Bullet to Solving World Hunger, Poverty, and Population Growth

**19-Feb** - John Dijulio & Bruce Kuerten - "Crackerman" filmmakers

**26-Feb** - Courtney Natseway - Muscogee Nation Community Garden

Classes: Weekly (unless otherwise noted)
January 13 - March 3

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### Winter 2025 Course Grid THURSDAY

Location	1	2	3
Sunny Slope Main Classroom	Exploring Germany: A Journey Through Culture, Tradition, and Language Julia Knappenberger 9:00 am - 10:30 am	Start Speaking German: A Relaxed and Fun Beginner Class Julia Knappenberger 11:00 am - 12:30 pm	Short History of Public Transportation, 1886 -Present Glen Bottoms 2:30 pm - 4:00 pm
Sunny Slope Annex	Pandemics that Changed the World Bert DelVillano 9:00 am - 10:30 am	Exploring Artistic Expressions with John Willer (SIG) John Willer 11:00 am - 1:00 pm	Arts & Letters Lecture Series Free & Open to the Public Varied 2:30 pm - 4:00 pm
Sunny Slope	Chinese Brush Painting Dong Shang Sunny Slope Kitchen 9:00 am - 10:30 am	Looking at Photography with a Critical Eye (SIG) Curtis Shannon Conference Room 11:00 am - 12:30 pm	
Alternate Locations	<b>Walk This Way</b> Bob Banks <b>Meets at the Auburn Public Library</b> 8:30 am - 9:30 am	Scrabble: Casual vs. Competitive Eric Harshbarger Sunny Slope Kitchen 11:00 am - 12:30 pm	
Alternate Locations	Staying Active: Day Hiking Harold Bruner Meets at Sunny Slope 8:30 am - 4:00 pm		
ZOOM Only	Einstein's Special and General Relativities  Jim Beaupre  Zoom Only   OLLI Shares UAH  Tues. & Thurs - 3/18, 20, 25, 26  8:30 am - 10:00 am	Sleep Science: Sleep, Sleepiness, and Sleeplessness Kenneth Lichstein Zoom Only   OLLI Shares UA Jan. 23, 30; Feb. 6, 13, 20, 27 12:00 pm - 1:15 pm	

#### **Arts & Letters Lecture Series:**

**16-Jan** - Jeanie Thompson - The Poetry of Memory: A Reading and Discussion

**23-Jan** - Todd Boss - Film as Poetic Expression: A Talk with Todd Boss

**30-Jan** - Yvonne Wells & Gail Andrews - Stitching Stories: A Dialogue with Yvonne Wells and Gail Andrews

**6-Feb** - Ryan Blocker & Sheri Schumacher - Home Sewn: Alabama's Quilting Traditions

**13-Feb** - Marian Carcache - Southern Fiction and Storytelling: A Conversation with Marian Carcache

**20-Feb** - Cindy Juyoung Ok - The Power of Voice: A Conversation with Cindy Juyoung Ok

**27-Feb** - Zdenko Krtic - Exploring the Artist's Journal: Creative Reflections

### Winter 2025 Course Grid FRIDAY

Location	1	2	3
Sunny Slope Annex	Arts & Letters Workshop Series 9:00 am - 11:00 am		
Alternate Location		Silver Sneakers Max Fitness Auburn David Tillman 11:30 am - 12:30 pm	Culinary Series: Taste of OLLI German with Anne Delvillano 3:00 pm - 7:00 pm Option 1: January 24 Option 2: February 22

#### Arts & Letters Workshop Schedule:

\*Individual registration required

17-Jan - Jeanie Thompson - Writing Memory and Prose Poetry

24-Jan - Todd Boss - Exploring Film as a Storytelling Medium

31-Jan - Yvonne Wells & Gail Andrews - Creating a Story Quilt

**7-Feb** - Ryan Blocker & Schumacher - Pine Burr Quilt Block Workshop

14-Feb - Marian Carcache - Stories and Craft: A Journey Through Fiction and Art

21-Feb - Cindy Juyoung Ok - A Writing Workshop with Cindy Juyoung Ok

28-Feb - Zdenko Krtić - The Daily Practice of Drawing

